# **Dhaba Style Masala Rice**

Pinit



Masala rice is a Pakistan dish which is healthy and quick to make in less than 20 mins. Addition of whole garam masala spices to rice gives a good aroma which is more appetizing. This dish is perfect for lunch box.

### **Ingredients**

- 2 Tbsp of Butter
- 1 Cup of Basmati Rice
- 1/2 Cup of Chopped Onions
- 1 Tsp of Ginger Garlic Paste
- 1 Chopped Tomato(Medium)
- 2 Green Chillies (Medium Size)
- 2 Tbsp of Yogurt

- 2 Tsp of Coriander Powder
- 1/2 Tsp of Cumin Powder
- 1 Tsp of Chilly Powder
- 1/2 Tsp of Turmeric Powder
- 1 Bay Leaves
- 2 Cloves
- 4 Black Pepper
- 2 Cardamom(big or small) I used Badi Elachi
- 1 Tsp of Black Stone Flower(Kalpasi)optional
- 1 Cinnamon Stick(Medium Size)
- 1/4 Cup of Peas
- 1/4 Cup of Corn
- 1.5 Cups of Water

Salt to taste

#### Method



- Heat a pan or cooker with butter or oil. Add chopped onions and salt, fry until they turn transparent.
- Add ginger garlic paste, fry for a minute.
- Add peas and corn. Fry for a min.
- Add chopped tomato, green chillies and yogurt. Saute for2 mins until oil separates.
- Add coriander powder, cumin powder, chilly powder, turmeric powder. Fry for a min.

- Add whole bay leaves, black pepper, cloves, cardamom, cinnamon. Fry for a min.
- Add rice and mix well.
- Add sufficient water and check the salt, close the lid and wait for 1 whistle. Switch off the stove.
- Hot Dhaba style masala rice is ready.



## Tips

- Serve with onion raita.
- Add any vegetable of your choice.
- For richness, add nuts of your choice.

#### Health Benefits of Masala Rice

- Corn is a good source of Vit B1, B5, E and Folic Acid
- Peas are rich in proteins, vitamin B, C and K

Whole garam masala has antimicrobial properties.