

Carrot Pineapple Ginger Juice Recipe / Detox Juice



Carrot Pineapple Ginger juice is a super good and easy juice recipe .Carrot and pineapple always go well together, they are rich in vitamin A and C. I added a bit of ginger to add a kick. This vibrant, fresh and delicious juice is one of my favorite juice recipe. This detox juice recipe is a sweet tasting, satisfying drink that cleanses the body and provides all vitamins and minerals. Enjoy a dose of vitamin A and C in

the form of healthy drink.

Ingredients for Carrot Pineapple Ginger Juice Recipe

**Preparation Time: 5 mins Grinding Time: 5 mins Serves: 1.5
cup**

- 1 Big Carrot
- 7 gms of Ginger
- 130 gms of Pineapple
- 2 Tsp of Honey
- Water as required

Method for Carrot Pineapple Ginger Juice Recipe

- In a blender, add carrot, pineapple, ginger and water, blend it and strain well using strainer.
- Add honey, taste it and adjust according to your taste and serve chill with ice cubes

Tips

- Chill the veggie and fruit before juicing or serve chill before drinking
- You can also use orange or lemon for tangy taste.

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