Chocolate Banana Nut Shake Recipe



This chocolate banana nut shake is a great recipe for quick breakfast. I love milk shake and smoothies as they are rich, delicious and healthy. I have previously shared some recipes like anti-aging berry medley smoothie, strawberry banana

smoothie, avocado milk shake. After my workout, when I get home, I will make some smoothie or milk shake to drink. Yesterday I made this chocolate banana shake with walnuts. Oh my, it was so good & yummy. Try this easy chocolate banana nut shake at home and let me know how it turned out.

How to Make Chocolate Banana Nut Shake Recipe


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Ingredients for Chocolate Banana Nut Shake Recipe

Preparation Time : 2 Mins Grinding Time : 2 mins Serves:1

• 1 Small Banana

• 1/2 Cup 2% Milk

• 2-3 Tsp of Cocoa

• 2 Tsp of Sugar or to taste

• 3/4 Tsp of Vanilla Extract

• Few Walnuts pieces

• Chocolate Shaving to garnish

Method for Chocolate Banana Nut Shake Recipe

• Combine banana chunks, milk, cocoa, vanilla extract and sugar in a blender and blend until everything mixed together. Make sure there are no lumps in it.

• Taste the shake, if desired add extra tsp of sugar and blend again.

• Pour the shake into serving glass and nuts, mix well with spoon. Garnish with chocolate shavings and sliced banana.



Tags: Chocolate Banana Nut Shake Recipe, chocolate banana shake, chocolate shake, chocolate milk shake, banana chcocolate shake, how to make Chocolate Banana Nut Shake Recipe, prepare Chocolate Banana Shake, milk shake recipe, breakfast drink recipe, after workout milk shake