

# Chocolate Banana Nut Shake Recipe



This chocolate banana nut shake is a great recipe for quick breakfast. I love milk shake and smoothies as they are rich, delicious and healthy. I have previously shared some recipes like [anti-aging berry medley smoothie](#), [strawberry banana](#)

[smoothie](#), [avocado milk shake](#). After my workout, when I get home, I will make some smoothie or milk shake to drink. Yesterday I made this chocolate banana shake with walnuts. Oh my, it was so good & yummy. Try this easy chocolate banana nut shake at home and let me know how it turned out.

## How to Make Chocolate Banana Nut Shake Recipe



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# **Ingredients for Chocolate Banana Nut Shake Recipe**

**Preparation Time : 2 Mins Grinding Time : 2 mins Serves:1**

- 1 Small Banana
- 1/2 Cup 2% Milk
- 2-3 Tsp of Cocoa
- 2 Tsp of Sugar or to taste
- 3/4 Tsp of Vanilla Extract
  - Few Walnuts pieces
- Chocolate Shaving to garnish

## **Method for Chocolate Banana Nut Shake Recipe**

- Combine banana chunks, milk, cocoa, vanilla extract and sugar in a blender and blend until everything mixed together.  
Make sure there are no lumps in it.
- Taste the shake, if desired add extra tsp of sugar and blend again.
- Pour the shake into serving glass and nuts, mix well with spoon. Garnish with chocolate shavings and sliced banana.



## Chocolate Banana Nut Shake

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